

Comissão Parlamentar de Trabalho e Segurança Social, Assembleia da República
Palácio de São Bento
Lisboa - Portugal

18 March 2018

Dear Sir/Madam

I wish to write on behalf of the Mulligan Concept Teachers Association in support of the physiotherapists of Portugal's application for autonomy.

Competent physiotherapists are uniquely qualified to assess and treat the health needs of the individual, whilst screening for those who need further specialised medical treatment beyond their scope of practice.

The MCTA is an independent educational group which fosters postgraduate excellence in the musculoskeletal and rehabilitation fields of physiotherapy internationally. We provide physiotherapists with a treatment paradigm and skills base that is inherently safe and effective. When indicated for the patient Mulligan Concept techniques render their movement or function pain free. Combined with a sound history and red flag identification a physiotherapy assessment is an essential part of a holistic approach to patient well being.

Many countries already offer autonomy for their physiotherapists and have robust systems overseen by regulatory and professional bodies, to not only ensure the competency of the practitioner but also the safety of the public. I am sure Portugal will find that autonomous physiotherapy will progress rather than stifle the national health goals. The MCTA will continue to support the educational needs of those physiotherapists into the future.

Yours faithfully



Jillian McDowell

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